

The Chimes



Volume.16 Issue.4 April 28, 2019

Worship Schedule

May 5, 2019 3rd Sunday of Easter

Communion, Teacher Appreciation, Bibles Presented VIVID 4:00 pm Acts 5:27-32; Psalm 118:14-26 Rev. Laura "We Are Witnesses"

May 12, 2019 4th Sunday of Easter

Mother's Day
Acts 9:1-20; Psalm 30
Rev. Laura "Eyes Wide Open?"

May 19, 2019 5th Sunday of Easter

Last Day of Sunday School thru 6th Grade Acts 9:36-43; Psalm 23 Rev. Laura "Compassion"

May 26, 2019 6th Sunday of Easter

Memorial Day Weekend Oliver's Youth Fundraiser 4:00 pm Acts 11:1-18; Psalm 148 Rev. Laura "Whose Limits Are They?"



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Nature Connections Map Calendar for May 2019

Church Leadership

Session Laurie Hartshorn, Clerk of Session

Class of 2019 Class of 2020 **Class of 2021** Charlotte Cronin Tim Cole Christie Cook Mary Jo Mays Deb Hanson Ellen Grohovena Kathy Nordvall Don Hartshorn Judy Helm **Betty Pugh** Pam Madden Jerry Randall Alexis Maloof Jim Sullivan

Board of Deacons

Class of 2019	Class of 2020	Class of 2021
Theresa Bender	Judi Beck	Alice Bremner
Ken Krancher	Audrey Beeney	Eva Grubbs
John Madden	Pat Bensing	Erin Heilman
Sue McGill	Theresa Buley	Rich Lansdowne
Rick Noetzel	Betty Downard	Jan Mooberry
Deb Paul	Ann Gropp	Kim Murray
Nancy Pogue	Megan Marsh	Stephanie Randall
Bev Ranson	Kathy Nixon	Mary Vetter
Myrna Schwarz	Nancy Thompson	Julie Watson

Session Committee Moderators & Liaisons

Church Life **Charlotte Cronin** Hospitality & Growth Ellen Grohovena

Christian Education Pam Scranton/Cindy Shipley

Human Resources Pam Madden/Deb Sullivan/Betty Pugh

Member Care Mary Jo Mays /Deb Hanson Christie Cook/Jenna Hague Mission **Properties** Bob McDowell/Don Hartshorn Stewardship & Finance Megan McKeighan /Tim Cole Worship & the Arts Mark Hanson /Jerry Randall Preschool Judy Helm/Kathy Nordvall

Les Boswell, Mark Hanson, Sean Jennings*, Pastor Nominating Committee (PNC)

> Nicole Livsey, Alexis Maloof*, Sally Maubach, Stan Strickler

*Co-Moderators

The Pastor Nominating Committee is hard at work searching for who God will call to our ministry here at UPC. For updates, check the Chimes or Weekly Ringer.

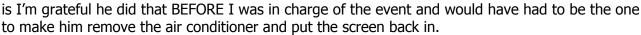
> Interested in joining United Presbyterian Church? Contact the pastor or visit our website at: www.unitedpc.org.

Letter from Rev. Laura

Hanover College sits on the banks of the Ohio River. Founded in 1827 by Madison Presbytery, it is a vibrant place. From the end of WWII to 2005, our Synod held an event there each July called Synod School. My older son John and I could hardly wait until the time would come that we could go there because of all the stories we'd heard about it.

We lived in dorms and most of our days were focused on worship, classes, food, swimming, intramural events and lots of fellowshipping. It's kind of like going to 24 hour a day intergenerational Vacation Bible School and you become totally immersed in the community which stretches your heart and your brain. Some of my best friends are people that I see only at this or similar events. In time, I became chair of the Synod School Task Force. These days, I participate in a successor event called Covenant Gathering that shares the same values.

I love talking to our Doughboys because you never know what will come up. We've discovered that we used to spend hot July days elbow to elbow on the banks of the Ohio River at Synod School - Libby Rasmussen, the Pughs, the Bremners and my family. Jim (which one?) told me that he got in trouble his second year at Synod School because he brought a window AC unit with him, removed the screen from his room's window and set himself up for comfort! It's **hot** in July on the Ohio! The reason I laughed so hard



For me, one of the delights of being Presbyterian is this interconnectedness we have with each other. Because we value lifelong education for pastors and church folks, we have spent <u>per capita</u> dollars, for more than a century, on expanding people's minds and hearts and practices at events like Synod School. We believe we get the most value for our dollars spent by training leaders, who in turn go into the field and train others, maximizing our investment.

When we contribute to per capita giving we are supporting the operating of the levels of the church above us. The amount of \$34.22 per UPC member supports the presbytery in its' work with congregations and pastors, supports the Synod in its training and education focus and supports the Office of the General Assembly in its ecumenical work, global commitments and partnerships and governing. When we choose to give this voluntary offering, we are not only helping UPC's budget, freeing money to be spent in other areas, we are also saying "I'm in, I belong and I want to support my church." Presbyterians never live in isolation. Personally, I like our interconnectedness, the support pastors freely give each other, the sense of community and being caught up in larger purposes with others. I like working in different parts of the Synod and finding everywhere I go people who I've been with without knowing it – at Synod School, at Triennium, at conferences – having their lives changed while mine was also being changed. I'm not sure what Jim learned about Jesus when he had to remove his air conditioner from his window, but I know that even today he is very glad he spent time with his family living as Christians are meant to live – in a rich, intentional, loving community where everyone is treated like the valuable equals they are in the eyes of God. It's made him a better person to have his life shaped by per capita dollars used to teach us how to be more like Jesus. That's why I give. How about you?

Blessings, Rev. Laura

Stewardship & Finance

Stewardship and Finance Update on the 2019 budget

On April 7th, the following update was provided to the congregation about the 2019 budget.

- We have received 2 new pledges and 18 increases in 2019 giving, for a total of 31914.11. Thank you for your generosity.
- By April 12th, invitations to either pledge or increase pledges to the 2019 budget will have been sent to everyone.
- Properties is receiving bids to change to LED bulbs throughout the building and change the gym lights. This will result in both immediate and long term savings. The electric bill is 29,000.00/year. Please turn on lights only as needed and turn them off when not needed.
- The contract has been signed for the repair of the Dryvit exterior of the original building and the gift for this expense has been received. The work is scheduled for this summer and will take about three weeks, depending on the weather.
- The Session has established a Communications task force, headed by Charlotte Cronin.
- The Session is establishing a Fundraising committee, which will focus on raising money in a variety of smaller, ongoing ways and leadership is being recruited for this.
- The Session and Stewardship and Finance is not satisfied with past efforts for the annual pledge drive and for 2020 has set the following schedule:
 April, May, June all committees and boards will establish budget needed for 2020 July and August Stewardship and Finance will set and finalize 2020 budget Sept, October, November interpret needs to the congregation.

We are asking for pledges of time and talent; please let us know where you would like to serve:

- The new Preschool/Sunday School shared space has had about 35 volunteers helping with this transformation.
- The Christian Education Committee has just gone from 3 to 9 members!
- The Missions Committee has adopted a new structure.

Pledge Update Date	Pledges	Pledging Units
Dec. 20, 2018	\$440,540.00	134
April 11, 2019	\$449,465.00	156
Goal: \$500,000.00		

Deacons Corner

15th Anniversary Celebration

June 1st is the 15th Anniversary of United Presbyterian Church, so on June 2nd we are having a party! It is also the beginning of our summer kick-off with Music Sunday.

In honor of our anniversary, the Deacons will be holding an Anniversary Celebration. We are inviting everyone to a potluck. Drinks, table service, and chicken will be provided. Please bring a dish or two to share. Plans are being made for activities for the little ones to help keep them occupied so parents will be able to mingle a little longer and make new acquaintances.

Our Deacons will be available to introduce themselves to the people in their parish they not have yet met. You will know all the Deacons by their parish name tags.

Watch for further details in the bulletins and weekly Ringers. Everyone is looking forward to a day of celebration.

Reach Out Card Ministry

The purpose of the REACH OUT cards is that of a supplemental ministry in which we recognize important life events whether in celebration or mourning. To this point those events have included deaths, births, and milestone birthdays and anniversaries.

Typically a REACH OUT card is initiated in response to a prayer list request or during a time when it is obvious that such a gesture is appropriate, such as death of a family member or friend. These events are lifted up in worship and put in the Chimes.

A request for a REACH OUT card can be made by anyone and given to Rev Laura, Trish, Aaron, or Keli. Anyone in the congregation is welcome to initiate a REACH OUT card on a Sunday morning. Rev Laura, Aaron, or Keli will be happy to help you.

As a general rule, a maximum of 4 REACH OUT cards on any given Sunday is acceptable.

As church staff, we have initiated a REACH OUT card if someone is giving flowers in celebration of a birthday or anniversary. The two don't necessarily have to go together. For example, if you are giving flowers but do not want a REACH OUT card, please let us know.

Please feel free to make a request at any time.



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Worship & the Arts

Meet a Musician: Anne Swanson

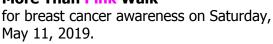


I have been attending United Presbyterian Church for about a year now, and I have been playing guitar in the worship band for most of that time. After growing up playing guitar with my dad in our basement (no audience to be found), I was hesitant at first to play in front of everyone, but I'm so glad I decided to do it! I feel blessed to be able to contribute to

the UPC community every Sunday and incredibly fortunate to share the stage with such talented musicians. Music has always been the way that I feel most closely connected to God, and playing at church has allowed me to explore my own faith and worship more deeply than I was before. When I am not playing guitar, I'm usually grading papers. I teach 9th, 10th, and 12th grade English literature and writing at Pekin Community High School, where I have taught for five years. My students are a source of joy for me (most days), and I absolutely love my job! I truly feel that it is my life's calling and am lucky to go to my dream job every day. In my free time outside of work, I am also an avid runner and reader. I recently finished a master's degree in English literature at Bradley University, and I am currently training for a summer half marathon race. I'm not sure which one is more work, but they are certainly both very rewarding!

News and Notes

Pray for the Cure
Happy Easter! The 16th
Annual Pray for the
Cure™ will be held,
Thursday, May 9, 2019
from 6:30 to 8:00 p.m.
at Salem Lutheran
Church, 1700 W. War Memorial Drive in Peoria. It
is a prelude to the 33th
Annual Susan G. Komen
More Than Pink Walk



Your support of this event will be greatly appreciated.

Sincerely,

Pray for the Cure Committee Helene Peterson <u>HMPeterson1@comcast.net</u> (309) 453-7022

Preschool News

The Preschool Committee announces that they have received a grant of \$1500 to fund two local scholarships and stipends to the *Becoming Young Thinkers Summer Institute*. A proposal was submitted to the Synod for the Mission Initiative funds. Although the summer institute has teachers and administrators from all over the world come to UPC, local teachers and care givers often have difficulty getting funding to come. This mission initiative reaches out to specific populations, those in child care centers or to public school kindergarten and first grade teachers. *Becoming Young*



Thinkers Summer Institute is the major fund raiser of our UPC Discovery Preschool and also contributes to the UPC operating budget. The preschool committee is grateful for the confidence of our Synod in our mission which enables us to reach out locally.

Prayer Corner

Please keep the following people in your thoughts:

Eunice Andrews

Judy Belville

Mary Buesing

Penny Brower

Charles Cook

Betty Downard

Mary Everett

John Fuller Family

Pat Hagenbuch

Geneva Hall (Gulley)

Jes Hall

Kent, Dawn & Ryan Higgins

Doug Jackson

David Jennings

Mary Jermac

Ann Jones

Dwight Jones

Mike Kelley

Debbie Kutter

Michelle Martin

David McDowell

Mary Kay McDowell

Larry Mercier

Dean Peoples

Christy Presseau (Maloof)

Projeto Amar I and II

Jeff Rickett

Janet Shepler

Larry & Sara Stotts

Josh Swank

Emmanuel Tetteh-Kwao

Felicia Vallosio

Cal Vobroucek

Richard West

Jon Wrigley

Ruthie Yingling

Our prayers of Christian sympathy for Kent, Dawn & Ryan Higgins on the death of their friend, John Fuller on March 22, 2019.

Our prayers of Christian sympathy for Cleatus Moore on the death of his wife, Nadine, March 29, 2019. Congratulations to Jack Umdenstock in celebration of his 90th birthday.

Congratulations to John Parks in celebration of his 104th birthday.

Congratulations to Gene Pelton in celebration of his 90th birthday.

Our prayers of Christian sympathy for Rob & Kim Murray on the death of Rob's Mother, Mary Eulalia Murray on April 19, 2019.

The Pastor Nominating Committee is hard at work searching for who God will call to our ministry here at UPC. For updates, check the Chimes or Weekly Ringer.



Pastor Nominating Committee Update

Our UPC Pastor Nominating Committee (PNC) continues to finalize the foundational requirements for attracting new pastoral candidates to our church. The committee has been gathering weekly to deliberate the content of the Ministry Information Form (MIF) which is a critical component to ensuring we garner the attention of desirable candidates. Currently, we are in the process of selecting and contacting references who know our congregation well, completing the narrative section (essay questions) of the MIF, and finalizing the position description, qualifications, and required pastoral skills, as well as the potential compensation package for the new pastor. Rest assured, our PNC is focused and committed to efficiently navigating the nomination process, and we are undaunted by the tasks set before us. Please feel free to reach out to any committee member should you have any questions about the process.

Spiritually Yours,

Alexis Maloof, Sean Jennings, Les Boswell, Mark Hanson, Nicole Livsey, Sally Maubach, Stan Strickler

Missions

We need you!

The Missions committee recently met and took a look at our current structure and the activities we lead as the "hands and feet of God" within our community and world. We felt moved by the words in 1 Corinthians 12:4-12, in particular verses 4-7 "Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of activities, but it is the same God who empowers them all in everyone. To each is given the manifestation of the Spirit for the common good."

We have decided to move towards a team approach in organizing our mission activities this year with leads for each area of focus. These teams will meet as needed throughout the year to accomplish their goals with a variety of short-term tasks and roles available.

We need your help! Please review the list below and reach out to the church office or the listed leader if you are passionate about one of these specific areas or reach out to co-chairs Jenna Hague and Christie Cook with any questions! We need your gift of time and talent to make sure our mission activities continue to be a part of our commitment at UPC.

Hunger Relief Lead: Christie Cook

Foster Family Liaison: Barb Wolter

Family Christmas Shop Lead: Jennie Boswell

Presbyterian Mission Liaison: Jenna Hague

Special Offering Liaison: Vacant

Projeto Amar Liaison: Nicole Livsey

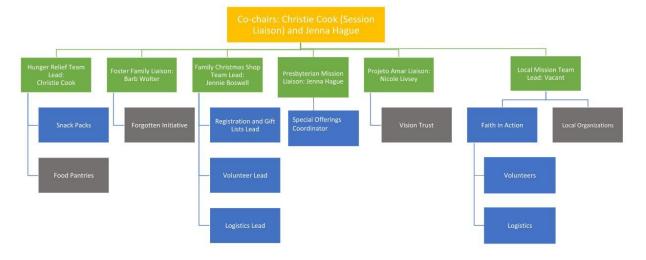
Local Mission Liaison: Vacant

Faith in Action Team Lead: Jenna Hague

One Great Hour of Sharing

Thank you for your generous support of One Great Hour of Sharing. During the season of Lent, United Presbyterian collected a special offering for Presbyterian Disaster Assistance, the Presbyterian Hunger Program, and Self-Development of People. Thank you for opening your hearts to witness tangibly to the abundant love of God to our neighbors throughout the world.

2019 UPC Mission Committee Structure



Faith Community Nurse

Stroke Education

A stroke happens when a blood vessel in the brain bursts (hemorrhagic stroke) or the blood supply to part of the brain is blocked (ischemic stroke). In either situation, parts of the brain are damaged or die.

Each year in the United States, approximately 610,000 people have a new stroke. A stroke can happen to anyone, including children.

Factors that can increase the risk of stroke include age, sex, and ethnicity. While these factors cannot be controlled, unhealthy habits can be changed. These include smoking, excess alcohol intake, and lack of exercise. High blood pressure, diabetes, and high cholesterol are also risk factors for stroke.

The most common symptoms of a stroke are a sudden severe headache without a known cause, sudden confusion or difficulty speaking or understanding what others are saying, difficulty seeing; sudden dizziness or difficulty with walking, coordination, and balance; and sudden weakness or numbness in the leg, arm, or face.

It is very important to call 9-1-1 immediately if someone is having any of these symptoms. Treatments that work best are only available if the stroke is diagnosed within 3 hours of the initial symptoms. If you think someone is having a stroke, do this simple test.

F -Face: Have the person smile. Do you see a droop on one side of the face?

A – Arms: Have the person lift both arms. Does one arm drift downward?

S – Speech: Have the person repeat a simple phrase. Is their speech strange or slurred?

T – Time: If any of these signs are present, call 9-1-1 immediately.



Treatment for a stroke depends on the type of stroke that has occurred. An ischemic stroke can be treated with a "clot-busting" drug if the person is able to get to the hospital within 3 hours of the first symptoms. Hemorrhagic strokes may be treated with endovascular procedures or surgery.

Rehabilitation may be necessary after a stroke. Several types of therapies are available including speech, physical, and occupational depending on a person's specific needs. If depression develops after a stroke, therapy and medication may help. Joining a patient support group may also be helpful.

Keli Briggs, MSN, RN Faith Community Nurse

https://www.cdc.gov/stroke/about.htm

https://www.cdc.gov/stroke/docs/ConsumerEd Stroke.pdf

https://www.cdc.gov/stroke/signs_symptoms.htm

https://www.cdc.gov/stroke/treatments.htm

https://www.cdc.gov/stroke/recovery.htm

Faith Community Nurse

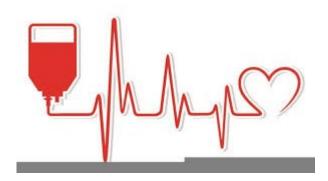
Blood Pressure Screening

Blood pressure screening for April will be on the third Sunday, May 19. Please stop by and have your blood pressure checked.



Blood Drive

The Health & Wellness Committee will be hosting a blood drive in the Fellowship Hall on **May 6th** from 2 - 6 p.m. Sign ups will be available online as well as after church service in the Fellowship Hall on April 28th and May 5th. Please consider donating.



Prayer Shawl Ministry

The next meeting of the Prayer Shawl Ministry will be Sunday, May 19th, from 2:30-4:00 pm in Room 107. All are invited.



Thank-You Notes

Dear UPC Family,

We want to thank everyone in our church family for the love and support that you've given as our family has changed this year. It means so much to us and we feel so loved.

The McKeighan Family

My thanks to all those folks at UPC for their kind and loving thoughts and cards. Wishing you beautiful reminders of the goodness of God. Happy Easter. Blessings, to all, Janet McKinty

The family of Nadine Moore wish to express their appreciation for the kind, gracious care, a beautiful service, and food in the passing of our dear Wife, Mother and Grandmother. She was loved and will be remembered by all.

Cleat Moore

Dear Church Friends,

Thank you for remembering me with the beautiful red rose while I was in the hospital. It certainly added a cheery note to my room. I so appreciated the calls, cards and visit from Pastor Laura. Your care and support mean so much to me while I am going through this time. God Bless you all. Love & Blessings, Pat Hagenbuch

The boys and I want to thank you for all your prayers, support, love, presence and meal train meals during the time of Kim's illness and death and continuing on today. We couldn't do this without you. You are truly our family and we are so grateful. Jon, Josh and Justin Wrigley

Church Life

BUNCO

BUNCO will be Friday, May 10th, at 7:00 pm. Come play Bunco. It is easy and the snacks are worth it. Bring a \$1.00 for prizes and a snack to share. Call Eunice @ 688-8458 or Betty @ 682-8500 for more info. This is our last night of Bunco until September. We take the summer off.

Anna Circle

Anna Circle will be Thursday, May 9th, 6:00 pm at WeaverRidge.

Lesson: Chapter 3 "It's Good to Be Queen" (If you need a book contact Trish in the office.) Mission: Share the Warmth blanket ministry. Work days are the 4th Saturday of the month at 9:30 am.

Ladies Night Out

Place: American Legion Post 979

4501 S Airport Rd, Bartonville 697-2432

Date: Thursday, May 16

Time: 6:00 pm

RSVP to Eunice Andrews @ 688-8458 or Betty Pugh

@ 822-8500. Come early and visit.

UPC Hiking Group

On Tuesday evening, May 7, we will gather at 6:00 pm at the parking area for the Alta Road Trailhead near Last Chance to walk on the Rock Island Trail. Dinner will follow for those interested in staying.



Everyone is welcome regard-

less of age or ability level. This is an awesome way to enjoy Christian fellowship in the beautiful outdoors while getting a little exercise. Please call Linda Kelley if you have questions.



THE CHIMES

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Education Hour 9:00 am (Sept-May) Worship Service: 10:00 am

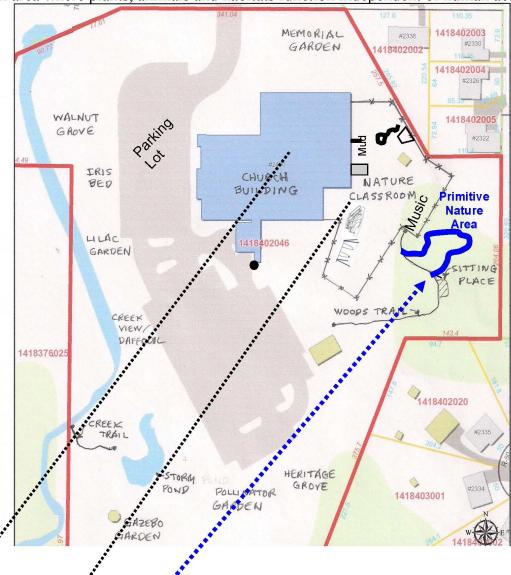


We grow and nurture followers of Christ in a welcoming community.

Nature Connections

Primitive Nature Area

Announcing our new way for UPC children and families to experience nature in a **natural** condition, an area where plants, animals and habitats function independent of human activity.



Vicarious Indirect. Contact Experiences Experiences **Experiences** Going to prepared Playing: spaces unstructured, Learning about imaginative, nature exploratory play Interaction in groomed hildren manipula and controlled areas Books videos arrange, and plan Viewing such as zoos

Kellert, S. R. (2005). *Building for life: Designing and understanding the human–nature connection.* Washington, DC: Island Press.

Primitive Nature Area: This area is for children to have direct contact with nature in it's natural state with no alteration or development of the area beyond safety considerations. A primitive nature area provides opportunity for children to have unstructured play and exploration of natural elements of the woods. Children observe changes in flora and fauna throughout the seasons and interact with self-sustaining features and processes of a natural environment. UPC Discovery's Primitive Nature area can be used by classrooms of children under direct supervision of teachers and by families. A mulched winding path off of the Woods Trail provides access to the area and adds a sense of adventure. Another way for children and adults to connect with God's Natural World!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ma	ay 201	9	1 8:30 Pastors' Bible Study 10:00 PASG Show Collection 10:30 Staff Meet- ing 5:30 Bells 6:00 Tai Chi 6:15 Choir 7:15 Worship Band	8:30 Exercise 1:30 Tai Chi 6:00 Bereavement Preschool Tryke a Thon	3 1:00 Mah Jongg	4 7:30 –5:00 American Sewing Guild Retreat
5 Communion Teacher Appreciation Bibles Presented 8:30 PNC 9:00 Adult Education 10:00 Worship 11:00 Fellowship 11:00 Library Open 11:15 CE 4:00 VIVID	6 8:30 Exercise 9:00 Home Com- munion Visits 2:00 Blood Drive 5:30 Member Care 6:00 Tai Chi 6:30 Church Life 6:30 Properties	7 9:30 PASG General meeting-Fellowship Hall 1:30 Tai Chi 3:00 Bereavement 6:00 Hiking @ Alta Rd Trail 6:30 Families Anonymous	8 8:30 Pastors' Bible Study 11:30 PEO BX 5:30 Bells 6:00 Nature Connections 6:00 Tai Chi 6:15 Choir 7:00 Preschool 7:15 Worship Band	9 8:30 Exercise 11:30 PASGDTS 1:30 Tai Chi 6:00 Anna Circle 6:00 Bereavement 6:30 Stewardship & Finance 6:30 Pray for the Cure	10 1:00 Mah Jongg 7:00 BUNCO	11 More Than Pink Walk for the Cure
8:30 PNC 9:00 Adult Education 10:00 Worship/ Sunday School 11:00 Fellowship Mother's Day Straw- berry Shortcake 11:15 Worship & the Arts 3:30 UPC Sports League	13 8:30 Exercise 1:00 Parents' Bereavement 6:00 Moms De- mand Action 6:00 Tai Chi	9:00 PASG Board 10:00 Independ- ence Village Service 1:30 Tai Chi 3:00 Bereavement 6:30 Human Re- sources 6:30 Families Anonymous 7:00 Foundation	8:30 Pastors' Bible Study 10:30 Staff Meeting 11:00 ANG 5:30 Bells 6:00 Tai Chi 6:15 Choir 7:15 Worship Band	16 8:30 Exercise 1:30 Tai Chi 6:00 Bereavement 6:00 Ladies Night Out 6:30 Preschool Ice Cream Social Last Day of Preschool	17 1:00 Mah Jongg	9:30 Share the Warmth
19 8:00 CHIMES Info Due in Office 8:30 PNC 9:00 Adult Education 10:00 Worship/ Sunday School 11:00 Fellowship 12:00 Rush/Quest 2:30 Prayer Shawl Ministry 3:30 UPC Sports League	20 8:30 Exercise 6:00 Tai Chi	21 1:30 Tai Chi 3:00 Bereavement 6:00 Hospitality & growth 6:30 Families Anonymous	8:30 Pastors' Bible Study 11:30 PASGSS 5:30 Bells 6:00 Tai Chi 6:15 Choir 7:15 Worship Band	23 8:00 Session Packet Info Due in the Of- fice 8:30 Exercise 11:30 PASGK 1:30 Tai Chi 6:00 Bereavement	24 1:00 Mah Jongg	25
26 Food on the Fourth 8:30 PNC 9:00 Adult Education 10:00 Worship 11:00 Fellowship 3:30 UPC Sports League	27 Church closed Memorial Day	28 11:30 PASGNP 1:30 Tai Chi 3:00 Bereavement 6:30 Families Anonymous 7:00 Session	29 8:30 Pastors' Bible Study 5:30 Bells 6:00 Tai Chi 6:15 Choir 7:15 Worship Band	30 8:30 Exercise 1:00 Collate CHIMES 1:30 Tai Chi 6:00 Bereavement	31 1:00 Mah Jongg	